DOCUMENT RESUME

ED 417 808 PS 026 360

TITLE	Caring for You and Your Baby: From Pregnancy through the First Year of Life.
INSTITUTION	Minnesota Univ., Minneapolis. Fairview Health Services.
ISBN	ISBN-1-57749-052-5
PUB DATE	1997-10-00
NOTE	184p.
AVAILABLE FROM	Fairview Press, 2450 Riverside Avenue South, Minneapolis, MN 55434; phone: 800-544-8207; www: http://www.Press.Fairview.org (U.S., $12.95; Canada, $17.95).
PUB TYPE	Books (010) -- Guides - Non-Classroom (055)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	*Birth; Child Development; Child Health; *Child Rearing; Infant Behavior; *Infant Care; *Infants; Parent Child Relationship; Parent Materials; Parenting Skills; *Pregnancy; Prenatal Care

ABSTRACT

Prepared by the Maternal and Newborn Services staff at a health care system affiliated with the University of Minnesota, this book is designed as several resources in one, encompassing pregnancy, childbirth, infant care, child development, baby keepsakes, medical records, and journal-keeping. The book provides authoritative, up-to-date information in easily understood language and pictures. Typical questions of new parents are highlighted to the side of the text. Chapters include: (1) "You're Pregnant"; (2) "The First Three Months"; (3) "The Second Three Months"; (4) "The Final Three Months"; (5) "Your Baby Arrives"; (6) "Your Newborn"; (7) "Feeding Your Baby"; and (8) "Baby's First Fifteen Months." Special features in the guide include over 80 illustrations, advice for partners, lists of resources, numerous charts and graphs, recordkeeping and journal pages, and an index. (EV)

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